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Charity BBQ for paralympian

This Thursday, a charity BBQ will be held to support local visually and hearing-impaired speed skater Kevin Frost get to the 2010 Paralympic Championship in Russia. The fundraiser takes place at the LCBO at 1980 Bank St. from noon to 1 p.m. and 5:30 to 6:30 p.m. **METRO OTTAWA**

Local



Lunchtime opera, anyone?

Who says magic can't happen on your lunch hour? This Thursday, brown-bag it and enjoy an hour of opera as the Opera Lyra Ottawa Opera Studio Program performs excerpts from Mozart's *The Magic Flute* at the NAC's Fourth Stage. Soprano Christina Tannous, mezzo-soprano Sarah Christina Steinert, tenor Graham Thomson, baritone Mark Gough and bass Brian Wehrle will perform arias, including *Dies Bildnis* and *Der Vogelfänger bin ich ja*. The free 45-minute concert is sung in German with dialogue in English.

METRO OTTAWA



News in brief

ATTENDANCE SuperEx officials are crediting cheaper admission and improved programming with a three per cent jump in attendance this year. During its 11-day run, a total of 422,095 visitors entered Lansdowne Park this year and organizers said it could have been much higher if the last Saturday of SuperEx 2009 hadn't been rained out. The figures show SuperEx's attendance has trended upwards each year since 2007 when it was 365,427.

ROBBERY Police are seeking a man after a west-end convenience store was robbed yesterday morning. Police said that at 2:50 a.m., a lone male armed with a handgun entered the Mac's Milk on the 1400 block of Highgate Road and demanded cash and cigarettes from the clerk. The suspect fled the store on foot after being given an undisclosed amount of cigarettes.

METRO OTTAWA

Pet neglect cases soaring

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The number of animal neglect cases has gone up in the city, the Ottawa Humane Society said yesterday.

Over the past four months, the shelter has laid four charges under the OSPCA Act for permitting an animal to be in distress and failing to provide adequate standards of care to an animal.

In some cases, the neglect was due to the economic downturn and the high cost of veterinary care, said OHS spokeswoman Tara Jackson.

Enacted in March, the legislation — which has allowed the OHS to lay charges for lack of care without having to take into account willful intent to cause pain and suffering — allows our agents to in-



Ottawa Humane Society inspector Tim Brown, with Sheena the golden retriever, said the shelter "has seen some pretty extreme cases of neglect recently."

crease their scope a little going forward, we'll see more charges laid at the

provincial level."

Last year, the OHS answered over 1,600 emergency calls.

The most recent cases involved cats and dogs, including a 14-year-old Chihuahua-type dog that was emaciated and had uncontrollable bleeding for over a week, and a senior German shepherd found unable to walk or move, due to tumours on its shoulders and atrophied leg muscles. The dog's owner admitted to never taking the animal to a veterinarian in its life, the shelter said.

In all cases, the animals were euthanized.

"The cases we've seen over the past few months have been disturbing, to say the least," said OHS inspector Miriam Smith. "The levels of animal suffering have been severe, and the basic lack of care withheld has been shocking."

OC Transpo set to boost services

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TRANSIT After a public consultation, OC Transpo is set to unveil major service improvements to its transit system this month.

On Sunday, a new west Transitway corridor will open prepared to meet the higher demand for transit in the fall. There will be increased frequency to the rapid transit network on routes 94, 95, 96, 97, 98 and 106, the addition of new route 99, and the introduction of 24-hour service on route 95.

While a new section of the west Transitway corridor will open between Bayshore and Pinecrest Road to reduce travel time, there will be new routes introduced in order to extend service to new areas in Orléans, Riverside south and west Ottawa.

Cullen to debate citizens' group

TIM WIECLAWSKI
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"They are entitled to their opinion, but their opinion, when misinformed, should not go by unchallenged."

Coun. Alex Cullen

that the group was misinterpreting the facts.

"They're going to put the ads up based on misinformation," he said. "We're not refusing the ads. They are entitled to their opinion, but their opinion, when misinformed, should not go by unchallenged."

OTAG spokesperson Ade Olumide said they would consider it a victory if people leave the debate questioning the wage bill at the city.

"Unions are fighting for their members. We're trying to get council to fight for us," he said.

O'Brien named as chair for new audit committee

TIM WIECLAWSKI
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The city's newest committee is intended to keep a closer eye on Ottawa's budget throughout the year.

In his first committee meeting back from a leave of absence taken during his trial, Mayor Larry O'Brien was elected chair of the committee. Barrhaven Councillor Jan Harder was elected vice-chair.

After taking the chair for the new committee, O'Brien stepped down as chair of the Corporate Services and Economic Development committee. Cumberland Councillor Rob Jellett was selected to take his place.

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A Polish man charged with assaulting fellow passengers on an Air Canada flight to London, England, is going to be sent to his home country after a psychiatric assessment determined he has a mental illness. The scuffle prompted the pilots to divert the flight to St. John's, N.L. **THE CANADIAN PRESS**

Canada



Montreal gets set for municipal vote

Montreal's two main municipal parties are gearing up for the campaign trail. With allegations of corruption swirling around City Hall, Mayor Gerald Tremblay of the ruling Union Montreal told his troops to put the past behind them and focus instead on the party's future. Tremblay's administration faces allegations of links to extortion and alleged Mafia-meddling over a \$10.6-million contract to replace a roof at city hall.

THE CANADIAN PRESS

Tories campaign against election

STIMULUS The federal Tories stepped up their anti-election campaign yesterday, warning that a fall vote could threaten the fragile economic recovery.

Transport Minister John Baird, trumpeting the mantra that an election would put stimulus spending on hold, said it would be irresponsible of the Liberals to topple the government. He noted the economy grew slightly in June and said it's important to stay on course with stimulus plans.



John Baird

Baird claimed that senior Liberals have suggested recently that a fall election isn't in the cards, and said he's pleased by that. In fact, the Liberals have merely said they won't try to bring down the government at their first opportunity.

Also yesterday, Tory campaign director and newly appointed senator Doug Finley sent out an email fundraising pitch warning that the Liberals are expected to launch a massive advertising campaign after Labour Day. "I have no doubt that the Liberals will go to the wall with this campaign," Finley wrote, seeking funds to help the party "fight back."

"They are desperate to regain power and they will do anything to win."

Last fall, Harper ignored his own fixed-election date law and called a vote just before the country plunged into recession.

THE CANADIAN PRESS

Ignatieff to pull plug on Tories?

Harper government on 'life support,' Liberal leader says

Michael Ignatieff says the Harper government is on "life support" — and he sounds like he may be ready to pull the plug.

The Liberal leader kicked off a summer caucus retreat yesterday on a hawthorn, suggesting he's keener to force a fall election than some of his good strategists.

"We've kept this government on life support for 10 months," Ignatieff said, noting that Liberals supported last January's recession budget despite deep reservations.

"But in June I made it clear that in a whole number of areas, the government's performance was letting Canada down and it hasn't got better over the summer."

Ignatieff backed away from the brink of an election in June after Prime Minister Stephen Harper agreed to set up a bipartisan working group to study em-

ployment insurance reform.

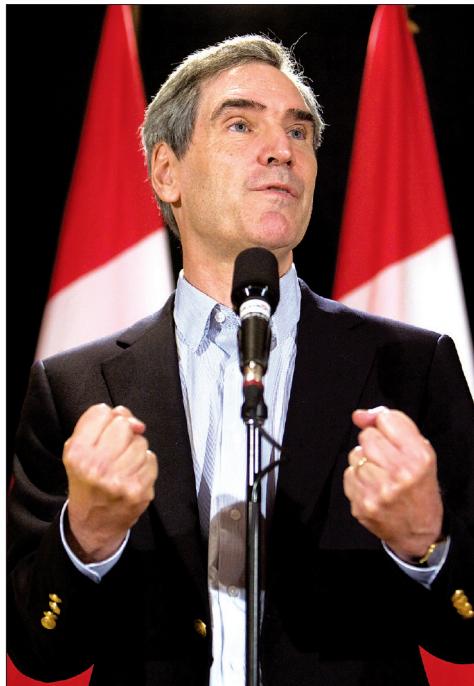
But Ignatieff said the panel has turned into "a bit of a charade," with the Tories rejecting out of hand his proposal to set a national standard of 360 hours of work to qualify for EI benefits.

The caucus retreat, which ends tomorrow, will be consumed primarily with the issue of whether the Liberals should finally vote to defeat the government during the fall sitting of Parliament, which resumes Sept. 14.

They'll have their first opportunity to present a motion of non-confidence during the first week of October. Ignatieff wouldn't say whether he's ready to take that opportunity, but he didn't rule it out either.

"We're going to have a good discussion (during the caucus retreat) and we'll make a decision when it suits us."

Senator David Smith, Ig-



Liberal Leader Michael Ignatieff speaks at a press conference on the first day of the Liberal summer caucus in Sudbury yesterday.

ion polls evaporated. They maintain there's simply not enough time between Parliament's resumption and the first week of October to do that.

However, insiders say Ignatieff and his office staff are much more gung ho.

Ignatieff took issue with Transport Minister John Baird's assessment that the economy is starting to perk up. The Liberal leader said such "rosy" views are not held by striking workers at Vale Inco or members of various women's groups in Sudbury, with whom he met earlier yesterday.

"It's tough out there in Canada. Things are not going well. This government somehow doesn't get that."

NDP MP Glen Thibeault, who stole the Sudbury riding from the Liberals during last October's election, sneered at Ignatieff's professed concern for working people. While Ignatieff was attending a \$550-per-person fundraiser that evening, Thibeault hosted his own \$5.50-per-person spaghetti dinner, the proceeds of which were to go to the United Steelworkers' strike fund.

The NDP and Tory pile-on suggests other parties are taking Ignatieff's threat to force an election seriously.

THE CANADIAN PRESS

News in brief

BACK TO SCHOOL Canadian retailers may have some reason to breathe a sigh of relief this fall, according to a study that suggests parents are not planning to scrimp on back-to-school spending. Scotiabank said yesterday that parents will spend an average of \$310 to get their children ready for the return to school, about the same level as last year. Parents expect to spend an additional

\$406 on school-related incidentals from field trips to pizza lunches. Such expenses affect all parents, but 71 per cent say that they have not budgeted for these costs.

RADIO CANADA A joke about Barack Obama being assassinated and other controversial humour has landed the French-language CBC in trouble with the national broadcast regulator. The CRTC says it re-

ceived over 250 complaints about a popular New Year's Eve show that featured cracks about blacks, anglophones, spousal abuse, and the U.S. president. It says Radio-Canada, the French CBC, breached a number of licence conditions with the broadcast in 2008. Radio-Canada says it apologized for the sketches and is taking note of the CRTC decision.

THE CANADIAN PRESS

Montreal 2 years, no contract



Union president Michel Parent speaks to Montreal city workers as they protest lagging contract talks in front of city hall as part of a 24-hour strike yesterday. The workers have been without a contract for two years.

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the  Bay

The U.S. Justice Department is seeking to deport an 88-year-old man they say helped the Nazis during the Second World War. Papers filed in a Detroit immigration court charge that John Kalyman personally shot Jews while serving in the Nazi-sponsored Ukrainian Auxiliary Police. **THE ASSOCIATED PRESS**

World/Business



A burned traffic sign sits on the Angeles Crest Highway near Los Angeles yesterday.

California wildfire doubles in size

FIRE A massive fire in the Los Angeles area nearly doubled in size overnight, threatening 12,000 homes yesterday in a 32-kilometre-long swath of flame and smoke.

At least 6,600 homes were under mandatory evacuation orders and more than 2,500 firefighters were battling the flames. On the blaze's northwestern front, two firefighters were killed Sunday when their truck drove off the side of a road.

The fire was the largest of at least eight burning up and down California after days of high temperatures and low humidity. The Los Angeles-area blaze had burned at least 21 homes and was moving north, south and east through the rugged foothills northeast of the city. "It's burning everywhere," U.S. Forest Service spokeswoman

Five trapped

• The Los Angeles County Sheriff's Department says five people who refused to heed wildfire evacuation orders are trapped in a canyon and it's too dangerous to rescue them. Yesterday they called for help because they were unable to leave a ranch in Gold Canyon.

Dianne Cahir said. "If you have any insight into the good Lord upstairs, put in a request." More than 20 helicopters and air tankers were preparing to dump water over the flames. Two Canadian Super Scoopers, giant craft that can pull thousands of litres of water from lakes and reservoirs, were expected to join the fight later in the day. **THE ASSOCIATED PRESS**

The sheer volume of accusations of ballot box stuffing, fraud and voter intimidation in the Afghan presidential election may be disappointing but it doesn't come as a surprise to the head of the UN-backed Electoral Complaints Commission.

Grant Kippen, a Canadian as well as the man who chaired the commission during the previous election in this politically volatile country, said he expected a lot of complaints — again.

The commission has received more than 2,000 complaints from all of the candidates in the Aug. 20 vote. Investigations are focusing only on the more serious allegations brought

"They have the potential to change election results."

Grant Kippen

forward. "The ones that we have given top priority — some 613 complaints — are the ones we're focusing on at the moment," Kippen said yesterday in a telephone interview with The Canadian Press.

"They have the potential to change election results."

The temperature of the political rhetoric surrounding the vote has been rising, akin to the 40-degree heat scorching the country's southern region this week.

Haji Ahsan, a provincial council member from Kan-

dahar, for example, is not mincing his words.

"I can say that it was all fraud and it wasn't done by one or two persons, it was done by everybody who was part of the election," he said.

"This kind of government loses the trust of people."

Ahsan said figures indicated there were 10,000 ballots cast in the Maywand District but in reality the turnout was only a fraction of that.

There have been complaints throughout Afghanistan but the lion's share comes from the south where the Taliban still has a strong hold on the public psyche and voting was strongly discouraged by the insurgents.

THE CANADIAN PRESS

News in brief

CLIMATE CHANGE The world needs more innovative projects — like putting weather stations on cellular phone towers across Africa — to help it cope with increased hurricanes, tsunamis, droughts and floods, former UN chief Kofi Annan said yesterday. "We cannot hope to manage climate change unless we measure it accurately," Annan told 1,500 officials, diplomats and scientists as a week-

long UN meeting opened on adapting to climate change. The World Climate Conference in Geneva is seeking to help developing countries generate better data on their own changing climates and share that information with other countries.

MEXICO Extremely dangerous Hurricane Jimena roared toward Mexico's resort-studded Baja California Peninsula last

night, prompting emergency workers to set up makeshift shelters and chasing away an international finance conference. Jimena is just short of Category 5 status — the top danger rating for a hurricane — and could rake the harsh desert region fringed with picturesque beaches and fishing villages as a major storm by tonight, forecasters said.

THE ASSOCIATED PRESS

Dalai Lama's mission of mercy gets political

TAIWAN The Dalai Lama exhorted Taiwan yesterday to safeguard its democracy, interspersing prayers for the victims of Typhoon Morakot with a challenge to Communist China.

The call from the Tibetan spiritual leader appeared to contradict assurances that his five-day visit to comfort the victims of the worst storm to hit the island in 50 years would steer clear of the political — a concern for President Ma Ying-jeou's administration, which is seeking closer ties with the mainland.

"You (now) enjoy democracy," he said, addressing a crowd of several hundred amid a landscape of jagged boulders and twisted, upended tree trunks. "That must be preserved."

The trip has infuriated Beijing, which claims Taiwan as part of its territory and resents any outside effort to influence its future. It is likely to be particularly irked by such comments from the Dalai Lama, whom it denounces as a "splittist" — alleging he seeks independence for his native Tibet.

Beijing also regularly uses that sobriquet for advocates of formal independence for Taiwan, which split from the mainland in 1949. **THE ASSOCIATED PRESS**

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Business

'Not out of the woods': Minister

Politicians and economists are warning of tough times despite data released yesterday that signal Canada's recession ended in June and the current summer quarter will produce the first quarterly growth since last fall.

June's 0.1 per cent output gain was lower than expectations, and other indicators suggest the economy isn't poised for the kind of bounce-back that would set champagne corks popping, analysts noted.

More worrisome, several economists said a double-dip slump was still a possibility for next year once ex-

traordinary U.S. government spending peters out.

For Transport Minister John Baird, any sign of growth was welcomed, but he, too, cautioned that the recovery remains tentative.

"This is and will continue to be a difficult year for the Canadian and global economy ... we are not out of the woods yet," Baird told reporters.

Technically, a recession is defined as two successive quarters of economic shrinkage. Canada's economy began contracting in the 2008 fourth quarter and continued the stagnation.

THE CANADIAN PRESS

Brick sued by Labatt over lime beer

BEER WARS Brick Brewing Co. Ltd. says it is being taken to court by the world's largest beer maker, which claims the Ontario company has violated the trademarks and copyrights for Bud Light Lime.

Brick says Anheuser-Busch, Inc. and Labatt Brewing Co., both subsidiaries of the world's largest beer company, are

seeking an injunction from the Federal Court of Canada. The beer giants also want compensation from the Waterloo-based company or an accounting of profits from Bricks sales of Red Baron Lime beer.

Brick says it did its research before launching the lime version of its beer this month.

THE CANADIAN PRESS

Business in brief

OIL PetroChina yesterday agreed to pay \$1.9 billion for a 60 per cent stake in two planned Canadian oil sands projects, China's biggest investment yet in one of the world's largest untapped oil regions.

AUTO Toyota will probably

shift production of the Matrix crossover vehicle from Cambridge to Woodstock within the next year to make room for more output of the popular Corolla compact in a move that should create several hundred jobs, sources say.

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Payday loans? No way

Q Several months ago, I lost my job. My wife and I must have visited more than four banking institutions. They all turned us down for a temporary loan. Although my wife continues to work, her income is insufficient to qualify. Last week, she used a "payday loan" store to temporarily meet our short-term obligations. Why are there not other alternatives for families that are hurt by the recession?

— Corey and Jessica

A Contrary to belief, banks do not provide loans based on

need but the ability of the individual to repay. In these tumultuous times, financial institutions must be prudent with lending. We have seen how lax lending practices have devastated the U.S. economy. Definitely not a practice Canadians want to copy.

Payday loans are lenders of last resort. These loans should not even be in your list of lenders that money can be obtained. Unfortunately, more than 2 million Canadians disagree and use the services of payday loans. It's a travesty that there are not alternatives that educate users to

MoneyMatters

Henry Choo Chong
metronews.ca/moneymatters

seek and obtain less costly financing. Average income of users is between \$35,000 to \$41,000.

Exhaust these methods to obtain your loans:

- Refinance mortgage — some banks offer deferral of mortgage payments
- Line of credit
- Second mortgage
- Consolidate loans
- Other financial institutions beside banks
- Family, friends, neighbours (swallow some pride)
- Liquidate assets such as furnishings and stocks, etc.

Henry Choo Chong, CGA, can be reached at choochonghcg@yahoo.ca.

Price check, please

AlisonOnMoney

Alison Griffiths
metronews.ca/alisononmoney

You might wonder why anyone would buy a Toronto Blue Jays' pen as another lame duck baseball season ends. But sometimes need overwhelms good sense.

My 23-year-old daughter, who happens to be deaf, wanted to write a note to a companion during a recent and rare Jays' win. No one had a pen so she dashed to the concession.

Afterwards she noticed that she'd been charged \$9 for the \$3 pen. Fortunately, she easily got a refund. But if she had waited until after the game to check, it might have been, well, game over.

Now, think about all the receipts you acquire in a week. Do you read each one to ensure you were charged the right amount and received the correct change? Small mistakes can mount up to serious dollars over time.

Even with today's swipe

Alison's Money Rule:

- Check your change and your receipts. Small transaction errors add up to big bucks lost.



Be especially vigilant of pricing in grocery stores.

systems, mistakes are made, particularly with sale prices and deals such as two-for-one or buy one get the second at 50 per cent off.

A couple of months ago I took advantage of a clothing sale. The cashier missed one of the discounts when she entered them manually. The difference was \$14, not chump change.

You should be especially vigilant in grocery stores or anywhere you might purchase multiple items. It is very easy to overlook an error among 20 or more different things.

I dislike the trend to bag your

own and swipe your own purchases at checkouts because it is difficult to monitor prices at the same time. Think Saturday afternoon at the grocery store with a toddler in your arms and an impatient line up behind. Pressure!

I guarantee that mistakes are made in the course of your consumer life. So, follow these three steps to put money back in your pocket: Watch, Compare and Question. 1. Watch the checkout display. 2. Compare the charge or sales price to what you recall on the shelf or label. 3. Question anything you think is wrong.

Checking your receipts and doing a bit of mental math is a habit that will pay you back — literally.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of a medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Treatment duration is initially 8 weeks with possible continuation of up to 46 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no significant drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed.	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty sleeping.	<input type="checkbox"/>	<input type="checkbox"/>
I am feeling low in energy and slowed down.	<input type="checkbox"/>	<input type="checkbox"/>
My appetite has changed.	<input type="checkbox"/>	<input type="checkbox"/>
I am experiencing feelings of guilt.	<input type="checkbox"/>	<input type="checkbox"/>
I have lost interest in work and pleasurable activities.	<input type="checkbox"/>	<input type="checkbox"/>
I feel hopeless about the future.	<input type="checkbox"/>	<input type="checkbox"/>
I feel tense and anxious.	<input type="checkbox"/>	<input type="checkbox"/>
I am having difficulty making decisions.	<input type="checkbox"/>	<input type="checkbox"/>
I am having trouble concentrating.	<input type="checkbox"/>	<input type="checkbox"/>

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By the numbers

According to a recent survey by RBC, 48 per cent of returning post-secondary students like being responsible for their own finances. **NEWS CANADA**

Student Cents

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

The key to credit

RAFAEL BRUSILOW
for Metro Canada

Building and protecting a good credit history may not be on your course list this semester, but it should definitely be a part of your educational plan.

Good credit can be crucial not only to buying a home or car in the future, but also for things like renting an apartment, starting a cellphone plan or getting good rates on things like loans or insurance.

Having and using a credit card can be a good way to build a good credit history but only if you don't abuse the privilege. Building a strong credit rating begins, ironically perhaps, with making sure you only use money you actually have and pay it back when asked.

"The number one thing you want to do is pay your bills on time," said David Malamed, a forensic accountant at Grant Thornton.

Missed payments can ruin your rating quickly and consistently maxing out your cards also lowers your scores, so be responsible.

Getting a free T-shirt or coffee mug just for signing up for an extra credit card

might seem like a win-win situation, but be wary of annual fees or extremely high interest rates, sometimes in the vicinity of 29 per cent or even higher. Read the fine print before you sign anything and really consider how many cards you need — after all, you really don't want to be charging more to credit cards than you can actually pay back anyways. If your wallet ever gets stolen, more cards will mean more trouble and more risk of fraud for you.

Once you've started building your good credit, you need to protect it. Malamed says fraud is one of the most common ways good credit can go bad and vigilance is often the best protection.

"Religiously check your credit card and bank statements and investigate them — that's really your first step into avoiding a risk of fraud," Malamed said.

Look for anomalies like strange payments for things you didn't buy or double-billing on single items and speak with your credit provider right away if you see something unusual.

Never respond to solicitations for credit cards over the phone as you



Using a credit card can be a good way to build a good credit history — if you don't abuse it.

can't be sure who the person on the other end is. The personal information you give away could potentially lead to identity theft and, in a worst-case scenario, Malamed says a scammer could use your personal information to call up a credit provider, pretend to be you, open

new credit cards under your identity and wreak havoc upon your credit rating by racking up debt.

"It can be an enormous headache and a lot of hours and stress you didn't ask for to deal with it," Malamed said.

Malamed recommends checking your credit score

every six months to a year to make sure what lenders are saying about you matches your credit activities, and to spot potential mistakes or fraud.

Popular credit-report service providers include Equifax (econsumer.equifax.ca) and TransUnion (transunion.ca).

— BY PROF. ERIC KIRZNER,
ROTMAN SCHOOL OF
MANAGEMENT, U OF T

Hidden fees

Will you live within walking distance of your college or university? If not, expect to add \$100 per month to your budget for public transportation. **NEWS CANADA**

Manage finances

- **Create a financial plan.** Decide how you will allocate your money among books and supplies, food, clothing, entertainment and other items, set a plan and stick to it.
- **Make it monthly.** A monthly financial budget plan is a good choice — weekly may be too difficult to manage and longer periods than a month could cause you to fall too far from your plan.
- **Keep track.** Set up a budget sheet, set your plan and keep track of everything.
- **Time your spending.** A good approach is to try to time your spending — be a bit frugal early in your budget period (for example, in the first couple of weeks). Plan your nights out for later in the budget period.
- **Don't skimp on nutrition.** Don't sacrifice good nutrition to save a few dollars. You will be better off with healthier foods that cost a little more.
- **Work together.** Pot luck and co-op dinners with friends are a great way to save money, try new types and styles of foods, and take a needed break from studies.

- **Remember: Budgeting isn't easy.** If your plan is starting to slip, don't be shy — talk to your parents and tell them where you stand. Catching problems early and dealing with them is always the right thing to do!

— BY PROF. ERIC KIRZNER,
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Comment

Lessons from Einstein

National Report

Lawrence Martin

metronews.ca/nationalreport

Albert Einstein detested rote learning. Students returning to school next week might be encouraged to know that the renowned physicist who unlocked mysteries of the universe was no genius in the classroom.

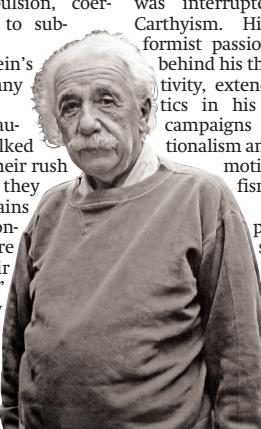
At 15 he was ushered out of one school owing to undistinguished performance and impudence. Later, at Zurich Polytechnic, he flunked a course in physics, of all things, scoring the lowest grade possible. He graduated, but near the bottom of his class.

The reason for Einstein's early scholastic mediocrity was that teachers — as many still do today — re-

warded regurgitation as opposed to imagination. His strength was the latter. In his engaging biography of Einstein, Walter Isaacson shows how his contrarian, independent nature made his breathtaking discoveries possible. He was always resisting conventional wisdom and always standing up against what was known in German as *zwang*. It means compulsion, coercion, having to submit.

For Einstein's liking, too many mechanically obedient automaton walked the halls. In their rush to conform they left their brains behind. Conformists were losers. Their "foolish faith" in authority was "the worst enemy of truth."

Today's teachers, es-



pecially if they're the enforcer types (we'll call them zwangers), might not like Einstein's pedagogical theories making the rounds. No telling what a rash of independent thinking might do.

In Einstein's day, *zwang* held sway at the student and the political level (Nazis). He left Europe for the freedom of Princeton University, a freedom that was interrupted by McCarthyism. His non-conformist passions, the key

behind his theory of relativity, extended to politics in his continuing campaigns against nationalism and in his promotion of pacifism.

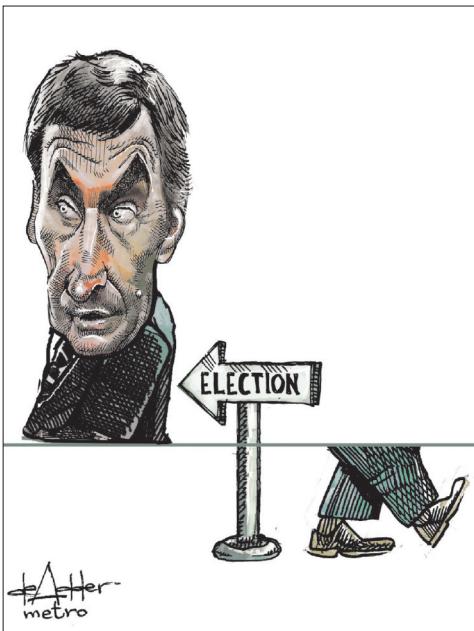
His example, as Isaacson points out, is vital today. Conformists in the centres of learning, conformists in politics, are still

dominant. We see how pressures accumulate on Barack Obama to water down his promise of universal health care and other planks in his change agenda. We see how Liberal Leader Michael Ignatieff, a creative, independent thinker, has been muted by pressures to conform and is criticized for spending too much time learning abroad.

In too many disciplines, today's leaders are consensus seekers as opposed to consensus changers. The key in schools, in politics, is to foster an environment that is creative. "I have no special talent," Einstein once said. "I am only passionately curious."

Let the mind roam, he advised and keep it roaming. Indolence, he told his unemployed son, is a killer. "Life is like riding a bicycle," he said. "To keep your balance you must keep moving."

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



Worth mentioning

Canadians dared to help African AIDS projects

You can lace up your running shoes, but you can also

host a dinner party, yodel on the subway or carry a canoe through city streets to raise money to fight AIDS.

Whatever you choose, preposterous or not, it's a dare.

That's the message being sent to Canadians by a new fundraising initiative from an AIDS group started by Canada's former UN ambassador Stephen Lewis, now a professor of global health at Hamilton's McMaster University and co-director

tor of AIDS-Free World.

The Stephen Lewis Foundation, which supports hundreds of community-based organizations sustaining people affected by HIV/AIDS in 15 African countries, launched the Dare to Remember campaign yesterday.

Participants can set a fundraising goal and spread the word about what they plan to accomplish by creating a personal web page at www.adaretoremember.org.

The dares will be enacted during the week of Oct. 17, in celebration of the courage Africans touched by HIV/AIDS show daily.

THE CANADIAN PRESS



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It's Called Football

Declan Hill, author of *The Fix*, joins Ben Rycroft on *It's Called Football* to discuss match-fixing in MLS and around the globe. To watch the interview, visit metronews.ca/blogs

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Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

NHLPA dumps boss

Union doesn't give reason for Kelly's ouster

Once again, the National Hockey League Players' Association is looking for an executive director.

The NHLPA's executive board voted "overwhelmingly yesterday to relieve Paul Kelly of his duties as executive director, effective immediately."

No reason was given in a statement from the NHLPA. But a review of Kelly's performance over the summer produced a list of issues players had with his leadership, said Buzz Hargrove, the former Canadian Auto Workers boss who is now interim ombudsman for the NHLPA.

"I don't think you can point to any one (issue) and I'm not prepared to name one," he said, adding

Position history

• Kelly succeeded Ted Saskin, who was let go in May 2007 amid allegations of monitoring players' email. Saskin had taken over when Bob Goode now stepped down under

pressure from the players on July 28, 2005, only two weeks after a collective bargaining agreement was signed to end the lockout that wiped out the entire 2004-05 season.

that "people had just lost confidence that Paul was the one" to lead the union.

The NHLPA executive board, which consists of one player representative from each of the 30 NHL teams, made the decision at its annual meeting in Chicago.

NHLPA general counsel Ian Penny will serve as the interim executive director while the association puts together a search commit-

tee to identify potential candidates for a replacement.

Hargrove said he would not be a candidate and could not say if the new boss would be an outsider or someone currently working for the union. Penny is thought to be a contender for the job.

Kelly, who had been on the job for less than two years, was not available for comment. **THE CANADIAN PRESS**

U.S. Open Wozniak advances



AP/MICHAEL S. GOODMAN/GETTY IMAGES

Aleskandra Wozniak returns a shot against Laura Granville during day one of the U.S. Open in New York City yesterday. Wozniak advanced to the second round with a straight-sets win while fellow Canadian Peter Polansky flirted with the biggest win of his career before losing to Guillermo Garcia-Lopez.

Felicien captures silver medal

HURDLES Canadian hurdler Perdita Felicien is back on the podium after struggling to a last-place finish at the recent world track and field championships.

The native of Pickering, Ont., captured a silver medal in the 100-metre hurdles at the British Grand Prix yesterday in a time of 12.95 seconds. World cham-

pion Brigitte Foster-Hylton of Jamaica won gold in 12.88 while American Virginia Powell was third in 13.21. Felicien, a former world gold and silver medalist, clipped several hurdles in limping to a last-place finish in 15.53 seconds at the world championships in Berlin on Aug. 19.

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Learning Curve

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA



At the University of British Columbia, there's a digital emergency response system that sends important campus security alerts to students through text and voice messaging.

Schools put focus on safety

RAFAEL BRUSILOW
for Metro Canada



Good security is crucial to a safe campus and requires a combination of traditional and technological approaches to make places of study safe for students.

At the University of British Columbia, the growing excitement of the upcoming 2010 Olympic Winter Games has also seen an increase in security preparation through good-old-fashioned boots on the ground. UBC has grown

staffing levels to about 100 security staff and created a zone-patrolling model where each area of the campus is patrolled on foot simultaneously, 24 hours per day, seven days a week.

UBC campus security director Tony Mahon says his team is always collecting and analyzing statistics on movements of people throughout the school and making changes on-the-fly.

"We do an awful lot of statistical analysis so that we are ready to strategically deploy people in the right place at the right time," Mahon said.

It certainly can't hurt that the RCMP has kept a 17-person detachment directly on campus for many years at UBC. Still, despite the strong in-person presence of security staff on campus, the school hasn't eschewed the power of technology, operating a digital emergency response system that sends important alerts instantly to students through text and voice messaging and even through instant messaging.

At Humber College, technology is at the forefront of security with a digital

closed-circuit television monitoring system, including more than 200 cameras across campus, including within residences. Combined with regular foot patrols, the camera system means campus security can monitor suspicious activities instantly and be on-site in less than a minute — not bad for a campus that spans more than one million square feet.

Most importantly, Gary Jeynes, director of Public Safety at Humber College, says students themselves are a crucial part of the safety picture.

"We want our students to be our partners and we rely on them as partners in making campus safe. I always say we have 18,000 pairs of eyes on campus," Jeynes said.

Jeynes says most students entering higher education these days are much more knowledgeable about personal safety than previous generations, so Humber gears safety orientations more towards educating students about how to make the most of campus security services.

"The kids coming through from high school are pretty street smart. They're very bright people and my view is very few of them do things wrong — they might just not know how to access important resources," Jeynes said.

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Learning Curve is a monthly feature that focuses on education and student life. Next month's issue comes out on Oct. 6.

Your safety is 'up to you'

RICHARD WOODBURY
for Metro Canada



The key to staying safe on campus revolves around using common sense and taking responsibility for one's own actions.

"It's now up to you," says Chris Goss, the operations manager of the University of Waterloo Police Service.

Goss says there are supports available at the university and he encourages students to use them, but ultimately it comes down to personal responsibility.

At campuses across the country, schools focus on educating first-year students about what they should and shouldn't be doing to remain safe on campus. Most schools also have things like safe walk programs, counselling services and emergency phones in place to make the campus a safer place.

Goss says it's important students be aware of the resources available to them,

before they need them. He also recommends students get to know their campuses and find out where things are located.

The biggest safety issue at Canadian universities is theft, says Bill Mowbray, the director of campus security services at the University of Alberta in Edmonton.

He says students should never leave behind their personal possessions, even if it's just for a minute. Mowbray also recommends that bike riders get proper locks for their bikes and not just use a chain lock. For students in residence, he recommends locking the door if they leave their rooms.

Mowbray's advice is simple when it comes to preventing theft: "Lock it up or take it with you."

The newfound freedom of being away from home for the first time, along with the stress that can come with it means some students turn to alcohol.

"Drinking to excess



Most schools have safe walk programs, counselling services and emergency phones to keep their students safe on campus.

brings with it its own issues," says Mowbray, such as loss of property and physical and sexual assaults.

"Don't drink to excess," he cautions. "Have a good time. Have a couple drinks with your friends, but al-

ways be aware of what's around you."

Although university campuses are very safe, people must not get complacent, says Mowbray.

"University campuses are the safest parts of our city,"

he says. Historically, they have been that way. People get lulled into that false sense that it's always that way."

If something is wrong, students must talk to somebody, says Gayle

Churchill, the director of student life at Mount Allison University in Sackville, N.B.

"That's the big thing," she says. "To take that step to talk to somebody, whatever it might be."

Schools prepping for potential H1N1 flu outbreaks on campus

As students stock up on school supplies and get ready to hit the books this fall, post-secondary institutions are making preparations of their own, fine-tuning their action plans in the event that H1N1 flu cases surface on campus.

The Public Health Agency of Canada says that under the Canadian Pandemic Influenza Plan, all large institutions — including colleges and universities — are encouraged to have pandemic preparedness plans.

But when it comes to emergency planning, universities are hardly starting from scratch. In fact, many are tailoring existing strategies to address a potential flu outbreak.

Both Montreal's McGill University and Simon Fraser University in British Columbia had much of their planning done to address another strain of flu — H5N1, or avian flu.

Dr. Pierre-Paul Tellier, director of student health services at McGill, said the university has been much more active since the H1N1 epidemic was observed in Mexico this past spring and later declared a pandemic.

Tellier said there are weekly planning meetings involving individuals representing various groups including human resources, student representatives and communications staff.

They are preparing documents to go out to students arriving in residence telling them what to do if there is an issue surrounding H1N1, how to take care of themselves and where to seek care. In addition, a website is being developed to provide information to students, parents and staff.

"The worst part of any of these health crises is not the disease itself," said Tellier. "It's really dealing with the population around who become very anxious and very stressed and that you have to ... constantly clear up issues and matters on an ongoing basis, and that's where a lot of your energy is spent. If you're able to prepare a lot of this ahead of time prior to an episode occurring ... then it makes it easier."

Part of the contingency planning also addresses what to do if faculty or staff are out of commission. Every unit is being asked to identify essential services and key individuals and to ensure they have trained backups for their positions, Tellier said. Professors are also being encouraged to record lectures or organize material for students to access if they can't attend class, he said.

Apollonia Cifarelli, director of environmental health and safety at Simon Fraser University, said edu-

cating people on infection control has been their primary focus.

In addition to spreading the word about sneezing etiquette and proper hygiene techniques, they are encouraging faculty to do

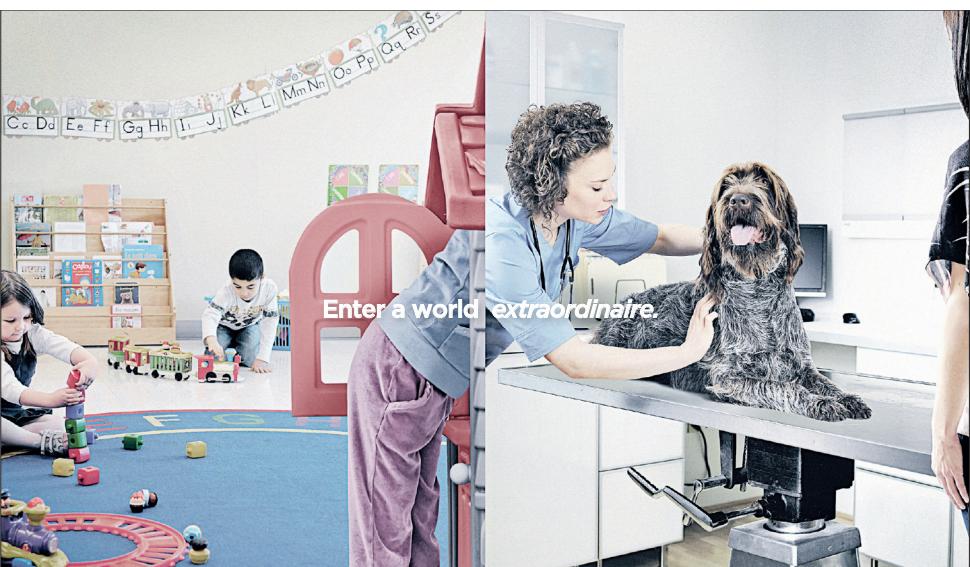
the same by providing information to students and making them aware of health services on campus.

Students in residence are being provided with personal containers of gel or sanitizer to further drive

home the message about hygiene. Dorm leaders or community advisers would act as the eyes and ears of the floor and as a link to administration, providing updates if necessary if students get sick.

"We are reminding people this is really, in essence, this is the flu — it's the seasonal flu," she added. "The main difference is that we have no vaccine for this flu at this point in time."

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EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Behavioural problems

Aggressive school-age children show early signs: Study

CELIA MILNE
For Metro Canada

September is back-to-school month, and here's some food for thought: If your school-age child is very aggressive and defiant, chances are this behaviour started much earlier.

"These problems did not develop overnight," says Dr. Raymond Baillargeon, assistant professor at the University of Ottawa, who is conducting a long-term study of children's behaviour. "We spend a lot of resources on children who have behavioural problems at school, but it's a bit late. We can see these problems coming way before."

As part of the Quebec Longitudinal Study of Child Development, Baillargeon is following 2,000 children who were born in 1998. He has found that the same problems that are apparent

at 17 months are still there at 29 months and 41 months. "It is almost certain these problems are still there at 53 months, when the child is entering school." Troubling behav-

iours include biting, kicking, attacking, being defiant, being restless, hyperactivity and not feeling guilty after misbehaving — especially if the child exhibits these on a frequent basis. Part of the study is to ask parents if children have certain behaviours either never, sometimes or often.

About five per cent of boys are physically aggressive, versus only one per cent of girls, says Baillargeon. Oppositional defiance (where punishment doesn't change behaviour) occurs equally between genders — 10 per cent of girls and boys. "These problems will have a whole range of negative impacts — on the school, and on relationships with parents, with friends and with teachers. It will snowball from there."



According to a recent study, about five per cent of school-age boys are physically aggressive, versus only one per cent of girls.

continue into school age. "What they are doing before two years has a long-lasting impact on how they act afterward," says Baillargeon.

He suggests parents of regularly aggressive or defiant toddlers mention the behaviour to their paediatrician. "With the proper help, these problems can definitely be prevented," says Baillargeon.

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Dr. George Parry
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No...this is not a title about finding that sensitive man or woman to spend the rest of your life with. We are not going to discuss how s/he is unafraid to show sensitive nature by crying at an emotional moment in a movie.

We want to discuss another aspect of sensitivity which might not make you cry, but which can still be quite painful. We want to talk about the pain you may feel if you suffer from hypersensitivity teeth.

Approximately one in four adults suffers from hypersensitivity. And if you think it is only a minor problem, we can assure you it can cause severe pain and discomfort. You may not enjoy your favourite hot or cold drinks if your teeth are experiencing hypersensitivity.

In some cases, it may not be a serious problem. Simply brushing with a toothpaste such as Sensodyne may be sufficient to alleviate the pain. For many people, this is not sufficient to solve the problem.

There are a number of potential causes for hypersensitivity. It is

in gum line recession.

Another common problem is brushing too hard. Many people brush their teeth so hard, they actually push the gums down and away from the teeth.

Fortunately, your dentist can help cure your hypersensitivity. If you are brushing too hard, your dentist will usually be able to tell. If you are not removing all of the plaque when you brush, a professional cleaning will do so. Then you can talk to your dentist and have him/her show you the proper brushing technique and pressure to apply to make sure your gums remain healthy.

If these steps do not alleviate the pain of hypersensitivity, you may require periodontal treatment. Talk to your dentist to determine the best treatment option for you. We would like to help you keep your sensitive feelings away from your teeth!

After all, having the confidence to show your sensitive side is a healthy habit...and healthier habits lead to healthier lives.

Dr. BGeorge Parry
Dental Surgeon

possible that you have an old filling that no longer fits well. If it is leaking, it may need to be replaced. A new filling, properly sealed, may be just what you need to take away your sensitivity.

However, one of the most common causes of hypersensitivity is the recession of the gums. As we age, it is common for our gums to recede, exposing the root of the tooth to all those hot and cold drinks we love so much.

The good news is that there are steps you can take to prevent your gums from receding. Poor oral hygiene practices are the most common culprit for receding gums. Perhaps improper brushing techniques are leaving plaque on your teeth near the gum line. Over time, the bacteria this generates will result

Moving on is the best revenge

The J Spot



metronews.ca/thejspot

ment. Oh, and the joy of making your ex crazy when he sees you've learned to become a smokin' burlesque dancer, of course.

Each woman in Re-Vamped has her own relationship horror story: One was dumped on her birthday for her best friend (and cousin); another was rejected by her long-term boyfriend via email while battling cancer.

Yet another's 21-year relationship came to a halt when she discovered that her partner was being unfaithful. Ouch.

Given this, these women are above indulging in a little petty ex-bashing, but the main focus of the six weeks in "Camp ReVamp" is to help these women rebuild their lives, their self-esteem and to get back their dating mojo.

I had the pleasure of helping these women with that last bit as a guest expert on episode six in which I coach the women through a speed-dating event and help them polish up their rusty dating skills. Nothing like eight mini-dates during the course of

an hour under the watchful eye of me, the camera and entire film crew to whip you back into dating shape.

But, most importantly, Camp ReVamp shows that, while this kind of momentary revenge can be sweet, getting your life together and moving on is much, much sweeter.

• Post your best break-up revenge stories in the comments section of The J Spot online at metronews.ca

Re-Vamped
premieres
Sunday at 10
p.m. on
Slice

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

Rambo suiting up again

John Rambo is gearing up for his fifth mission. Sylvester Stallone will star and once again resume directing duties in the followup to his 2008 film Rambo. According to variety.com the plot will revolve around human traffickers and drugs near the U.S.-Mexico border. ANANOVA.COM

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Big night for Daytime Emmys

Future of television a hot topic on red carpet at award show

It was pushing 37 C as nominees made their way down the red carpet before entering the restored — and gloriously air-conditioned — Orpheum Theatre in Los Angeles for the 36th annual Emmy Awards.

"I feel like a roast chicken," noted a glistening Emily O'Brien, nominee as outstanding younger actress in a drama series for *The Young and the Restless*. "This is like an oven," she said. "I'm almost done."

A bit of heat is one thing daytime television's longtime mainstay, the soap opera, could use these days. Overall viewership has been declining and CBS' *Guiding Light* leaves the airwaves in mid-September after 72 years of production, first on radio, then on TV.

The future of daytime television was on the minds of many attendees.

"Daytime television has been evolving," observed Canadian ex-pat Alex Trebek, who was nominated as outstanding game show host for *Jeopardy!*

"Talk shows are still great ... I look around here and I see Dr. Phil is here, Montel (Williams) is here, and Ellen (DeGeneres) is



going to be here. These are all very successful daytime talk shows."

Those include *The Tyra Banks Show*, which took home the Emmy for outstanding talk show — informative for the second year in a row.

"You've got to move and I've totally redone my show from skin and guts — how it looks, feels all the way down to content, because of the changing

generation," Banks said.

Soap-opera veteran Susan Lucci said fans shouldn't take the cancellation of *Guiding Light* as a sign the entire daytime-drama genre is in trouble.

"I think it's like nighttime TV. Just because one show gets cancelled doesn't mean nighttime TV is out the window. But ABC is showing a huge vote of confidence by moving (the New York-based)



Rachael Ray, left, holds the Emmy Award for outstanding talk show entertainment backstage at the Daytime Emmy Awards. Meanwhile, Cookie Monster, above, accepts the Lifetime Achievement Award for Sesame Street.

All My Children to L.A., they wanted to expand not contract. So I think our situation is a very, very positive one."

That is, for some of the *All My Children* cast. Debbi Morgan, who has been with the show on and off since 1982, may not make the cross-country trip with her colleagues. Morgan was married just last June, and the couple is still discussing the possibility of

Daytime Emmy winners

Drama series: *The Bold and the Beautiful*.

Lead actress in a drama series:

Susan Haskell, *One Life to Live*.

Lead actor in a drama series:

Christian LeBlanc, *The Young and the Restless*.

Supporting actress in a drama series: Tamara Braun, *Days of Our Lives*.

Supporting actor in a drama series (tie): Vincent Irizarry, *All My Children*, and Jeff Branson, *Guiding Light*.

Younger actress in a drama series: Julie Berman, *General Hospital*.

Younger actor in a drama series: Darin Brooks, *Days of Our Lives*.

Game-audience participation show: *Cash Cab*.

Game show host: Meredith Vieira, *Who Wants to Be a Millionaire*.

Talk show-entertainment: Rachael Ray.

Talk show-informative: *The Tyra Banks Show*.

Talk show host: Whoopi Goldberg, Joy Behar, Elisabeth Hasselbeck, Sherri Shepherd, Barbara Walters, *The View*.

Morning program: *Good Morning America*.

Directing in a drama series: *One Life to Live*.

Writing in a drama series: General Hospital.

Performer in a children's series: Kevin Clash, Elmo in *Sesame Street*.

Lifetime achievement: *Sesame Street*. THE ASSOCIATED PRESS

pulling up stakes.

"We are going back to the kitchen table because I love, love, love my husband," Morgan said. "I love waking up with him every morning, and going to sleep with him every night. And I love my job."

Would she do a bicoastal commute, as Vanessa Williams did when *Ugly Betty* was filming in Los Angeles.

"I wouldn't say that I would never not absolutely not rule that out," Morgan said. But she wouldn't offer any more details.

The carpet was crammed

with actors from *Guiding Light*, who gathered for a telecast tribute to their show.

But veteran Light actor Robert Newman said he's heard nothing. "And, you know, I'm going to be moving forward with my life and career as if it is over," he added. "If something happens, that's fantastic and I'll deal with that when it comes along. But it has been a lot of years, and maybe sometimes things just have to move on."

The last episode of *Guiding Light* airs Sept. 18 on CBS.

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DVD picks

State of Play

Director: **Kevin Macdonald**



A THRILLER ABOUT righteous newspaper reporters seems boldly nostalgic in 2009, but it's a "B" movie with an "A" cast furiously pounding the pavement.

Director Kevin Macdonald (The Last King of Scotland) and his committee of screenwriters have, like newsroom rewrite aces, boiled down the essentials from a lauded BBC miniseries of the same name, shifting locales from London to Washington, D.C. Russell Crowe is rumpled

and cynical Cal McCaffrey, scribbler for the fictional Washington Globe. He has no use for the Internet, especially when his editor (Helen Mirren) compares him unfavourably to blogger Della Frye (Rachel McAdams). Cal and Della end up working together, connecting the dots of a case that begins with the apparently random shooting of two strangers in an alleyway and the accidental subway death of a politically connected woman.

There are more red herrings than in a Moscow fish market, but Macdonald has chosen not to overstate the print-vs.-online feuding that ceased being interesting around the time Al Gore invented the Internet.

Hunger

Director: **Steve McQueen**



AN EMOTIONAL AND ARTISTIC take on the 1981 Irish prison hunger strike led by IRA militant Bobby Sands, *Hunger* engrosses the senses, metaphorically if not literally.

So powerful are the images of blood and bodily waste, viewed here as symbols both of martyrdom and defiance, that you can almost smell and taste them, too. This is savage poetry, where smeared feces become op art in the eye of director Steve McQueen and the

camera lens of cinematographer Sean Bobbitt.

The film isn't concerned with the fine details of history even when they might reinforce the drama. Anyone coming without prior knowledge might well be baffled.

Messianic firebrand Sands, played with astounding clarity by Michael Fassbender, doesn't enter the frame until near the one-hour mark. And British Prime Minister Margaret Thatcher is entirely off-camera, heard only as a defiant voice in news clips as she denounces the IRA as "terrorists." Relying on images more than words, *Hunger* is a plea for humanity in times of insanity. Peter Howell/for Metro Canada

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Superpower to the third

Heroes star talks about much-maligned season

IAN JOHNSTON
for Metro Canada

If there was one positive in *Heroes*' much-criticized third season, it had to be the transformation of character Ando Masahashi from sidekick to superhero.

"He (Ando) really grew during the season. He was able to get a power-shooting lasers out of my hands," says actor James Kyson Lee, who plays Ando on the popular fantasy series.

"My best friend (the time and space travelling Hiro) reverted to a 10-year-old and Ando had to take charge. That's sort of a theme running in the show — who is in charge and who is the sidekick?"

Lee was in Toronto last week to promote today's DVD release of *Heroes'* third season, and as a guest at the hugely popular Fan Expo Canada, which took place last weekend.

He says loyal viewers



James Kyson Lee, of *Heroes*, was in Toronto last week to promote the DVD release of the show's third season.

had always identified with the human Ando's no-nonsense approach to all the sci-fi mayhem.

"When the show started, the audience really viewed

Ando as one of their own. He asked the questions that we would ask as viewers. In the first year, I had a lot of lines like 'Where are they?' and 'What's happen-

ing?,' says Lee.

"I'm glad I got powers later because we got to flesh him out as a human being first."

Lee feels the third season — which saw the show lose a good portion of its loyal audience — ended on a positive note with the return of writer/executive producer Bryan Fuller. He says he thinks the series is in a good place going into season four.

"I think because we start so strong there was a lot of pressure to meet fan expectations," says Lee. "In a strange sense, we're underdogs now."

As for the fourth season — dubbed *Redemption* — Lee says Ando and Hiro will be setting up a business. One suspects it won't be a hardware store.

"It's going to propel us into some really odd adventures," he says.

"I'm also going to be linked with someone unexpected. So I think that will be a nice surprise for the audience."

Bush daughter Jenna joins NBC's Today show

NBC's Today show has hired someone with White House experience as a new correspondent — Jenna Hager, the daughter of former U.S. president George W. Bush.

Hager will contribute stories about once a month on issues like education to television's top-rated morning news show, said Jim Bell, its executive producer.

Hager, a 27-year-old teacher in Baltimore, said she has always wanted to be a teacher and a writer, and has already authored two books. But she was intrigued by the idea of getting into television when Bell contacted her.

"It wasn't something I'd always dreamed to do," she said. "But I think one of the most important things in life is to be open-minded and to be open-minded for change."

She'll essentially work two part-time jobs as a correspondent and in her school, where she will be a reading co-ordinator this year.

Bell said he got the idea after seeing Hager in two Today appearances. She



was on the program two years ago to promote her book about an HIV-infected single mother, *Ana's Story: A Journey of Hope*, and it went so well that a short interview was stretched to nearly a half hour. She and her mother, Laura Bush, also co-hosted an hour of *Today* around the time their picture book came out.

She "just sort of popped to us as a natural presence, comfortable" on the air, Bell said. Hager will work out of NBC's Washington bureau.

"I think she can handle it," he said. "I think she knows something about pressure and being under some scrutiny. When she came here for a handful of appearances, she knocked it out of the park."

He expects her first story, most likely concerning education, to be on sometime next month.

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primetime

OT	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/1/09	265	353	2	TVO	Canadian Waterways	The Agenda With Steve Paikin	Blackpool	Stephen Fry In America		Agenda-Paikin		
	211	331	3	GTV	ET Canada	Entertainment	NCIS "Legend"	(9:01) Big Brother 11	In Plain Sight (N)	News		
-	-	5	SRC	Des squelettes	Tout	Beautés désespérées (SC)	Bons baisers de France (SC)	Le Téléjournal et Les Nou	TJ Ontario			
209	342	6	CHRO	The Road to Avonlea		America's Got Talent	America's Got Talent (HDTV) (Live)		Comedy Now			
196	311	7	CTV	etalk	Hollywood	So You Think You Can Dance Canada	Top 18. (N)	Flashpoint (DVS)	CTV News			
208	303	8	CBC	Wheel-Fortune	Jeopardy!	Rick Mercer	22 Minutes	Being Erica (DVS)	CBC News: The National	The Hour		
-	364	9	NBC	Wheel-Fortune	Jeopardy!	America's Got Talent	America's Got Talent (HDTV) (Live)		News			
117	713	10	TVA	Qui perd gagne (SC)		Fort Boyard (SC)	Las Vegas Changements. (SC)	TVA 22 hours	Sûreté-salé	Faites sauter		
-	-	11	OS	Bienvenue	Rire et dérire	La Verité choc	Pratique privée (SC)	Wipe Out	L'Attaque à 5			
137	763	12	TFO	Panorama été	Météo	Rebut global	Villages	Mr. Klein *** (1977, Suspense) Alain Delon, Jeanne Moreau.	Météo			
-	364	13	CBS	Dr. Phil (HDTV)		NCIS "Legend"	9(01) Big Brother 11	NCIS Legend	Two/Half Men			
216	394	14	OMZN	Raymond	According-Jim	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	King	Cold Case		
214	344	15	CITY	Law & Order: SVU		Hell's Kitchen (PA) (N)	More to Love (N)	Valentine	News			
115	343	16	CFMT	Two/Half Men	The Simpsons	Omni News: Italian Edition (N)	Vivere II	Omni News: The Simpsons	King of the Hill	Metropia		
218	345	18	E!	Bowfinger ***	(1999, Comedy) Steve Martin, Eddie Murphy.	Rocky II *** (1979, Drama) Sylvester Stallone, Talia Shire.		News at 11 (N)				
-	364	20	ABC	Action News	Entertainment	Crash Course	Shag Vs. (HDTV) (N)	Primetime: The Outsiders	News			
512	394	24	CAPC	Tête-à-tête	Beyond Poll	L'Heure politique	Dossier public		Heure polit.			
651	355	25	CTS	Little House on the Prairie	Dr. Quinn, Medicine Woman	100 Huntley Street	Life Today	This Is Day	John Hagee			
-	365	26	FOX	TMZ (N)	Seinfeld	Hell's Kitchen (PA) (N)	More to Love (N)	FOX 2 News (N)	News			
-	-	64	PBS	Business Rpt.	Parklands-Mid	Nova (DVS)	Nova scienceNOW (N)	Forever Wild	Charlie Rose			
205	312	104	CTV	Hollywood	etalk	So You Think You Can Dance Canada	Top 18. (N)	Flashpoint (DVS)	CTV News			
502	390	26	NW	CBC News	Mansbridge	CBC News: Tonight	CBC News: The National	Saving Luna	National			
500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown (N)	Larry King Live (N)	Anderson Cooper 360 (HDTV)				
406	417	27	net	MLB Baseball	Sportsnet Con.	MLB Baseball Toronto Blue Jays at Texas Rangers. (HDTV) (Live)			Sportsnet Con.			
126	734	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)	Le Téléjournal (SC)	RDI économie	Le National	Le Téléjournal		
400	280	30	TSN	Tennis U.S. Open, Men's & Women's	First Round. (HDTV)	From the USTA National Tennis Center in Flushing, N.Y. (Live)			SportsCentre			
410	403	52	SCR	Cabby Unltd	Score Today	Poker Equalizer.	24/7	NFL Stat	Score Now	Score Now		
411	457	56	OLN	Ghost Hunters		Dog the Bounty Hunter	Survivorman	Ghost Hunters	Bounty Hunter			
417	404	59	SC	Pimp My Ride	Pass Time	Pimp My Ride	Pimp My Ride	Super Bikes!	Jacked!	Jacked!	Pimp My Ride	
554	544	48	TEL	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken	American Dad	Moral Orel
557	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
551	542	65	YTV	Drake & Josh	Prank Patrol	The Penguins	Malcolm-Mid.	Family Biz	Prank Patrol	Falcon Beach	Mystery Hnt.	
570	581	29	MM	The Daily Fix		Ranked!	Wild 'n Out	High School Reunion	The Daily Fix			
615	524	31	A&E	Criminal Minds (HDTV)		The First 48	The First 48 (HDTV) (N)	The Cleaner (HDTV) (N)	The Cleaner			
628	584	32	SPKE	Deadliest Warrior (HDTV)		Deadliest Warrior (HDTV)	Deadliest Warrior (HDTV)	Surviving Disaster "Hijack" (N)	Surv. Disaster			
521	560	34	TLC	Ultimate Cake Off		Jon & Kate Plus 8	18 Kids-Count	Masters of Reception (N)	18 Kids-Count			
145	761	35	TV5	Zoom animal		Sur les pas de Jules Verne Sur les traces des héros de Verne.		Expression	Montre-moi	Journal TV5		
616	524	39	SHO	The Outer Limits		Termination Point (2007, Suspense) Jason Priestley.		Bones		NCIS		
620	524	40	BVO	Raising Valhalla		At the Concert Hall	Bowfire		Law & Order			
520	505	42	DIS	Daily Planet (N)		How It's Made	Destroyed	After the Catch "Frozen Crab"	Daily Planet			
575	583	43	CMT	Cross Canada Countdown		Home Improve.	Home Improve.	Reba	Hope & Faith	Rascal Flatts		
601	562	45	SLC	Skin Deep	Til Deb-Part	Rich Bride, Poor Bride	Rich Bride, Poor Bride	Rich Bride, Poor Bride	ET Canada			
625	544	46	CON	Air Force	22 Minutes	Comedy Now	The Simpsons	South Park	House Party	Comedy Inc.	Bill Engvall	
294	529	47	TBS	Family Guy	Property Virgin	HGTV's Top 10 Dirty Business	SarahCottage	Genevieve	House Hunters	Holmes-Homes		
600	564	49	H&G	House Hunters		Mayday "Gelée en plein ciel"	Images-chocs	Les Procureurs		Cités		
627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager	Torchwood "Combat"	Ghost Hunters		Stargate SG-1		
581	561	53	MTV	Cribs	After	MTV News	Parent Control	House, Jazmin	Daddy's Girls	Daddy's Girls	MTV Live	
618	524	54	TROP	'70s Show	'70s Show	The Outer Limits	ET Canada	Switch	Family Guy	'70s Show		
522	506	55	HIS	Ancient Discoveries		Cities of the Underworld	Cities of the Underworld	Ultimate Engineering	Crime Stories			
129	773	60	CD	Biographies (HDTV)		Mayday "Gelée en plein ciel"	Images-chocs	Les Procureurs		Cités		
261	394	61	V	Murder, She Wrote		Bless-Father	On the Buses	Quantum Leap	Medicine Wmn	I Prophecy	Pottergeist	
602	567	62	W	Old Christine	Friends	Style by Jury	Style by Jury	How to Look Good Naked	Naked Beauty			
269	350	70	APTN	Wings-Canada	Tears	Chiefs-Champ	Tribal Treks	Milestones, Memories, and Moving Forward	Short Cuts	Moccasin Flats		
621	527	71	TLK	The Ellen DeGeneres Show	TMZ (N)	Hollywood	Look-A-Like	Look-A-Like	Tonight Show-Conan O'Brien	TMZ		
603	561	95	FN	Ricardo	Exotic	Restaurant Makeover	Hell's Kitchen	Good Eats	Good Eats	Iron Chef Am.		

cable variety

critics' corner

Good Eats

So you think you can't cook? Alton Brown begs to differ. As this entertaining half-hour series begins a new season, Brown continues the process of demystifying cooking and making it fun, whether that involves him dressing up in costumes, telling jokes or suggesting cheap alternatives to those pricey kitchen gadgets. 1 PM on 95 FN



Bowfire

If you think violins are boring and fiddles are for honky-tonk bands, this special will change your mind. Bowfire is an ensemble that does for strings what "Lord of the Dance" did for Irish dancing — turning it into a high-energy show with a little dance, a little drama and a whole lot of great tunes from all over the genre map — jazz, Celtic, bluegrass, classical and more. Just watch. 9 PM on 40 BVO

Mickey's got a hold on Spidey

DEAL The Walt Disney Co. is buying Marvel Entertainment Inc. for \$4 billion in cash and stock, bringing such characters as Iron Man and Spider-Man into the family of Mickey Mouse and WALL-E.

Under the deal, which was announced yesterday and is expected to close by the end of the year, Disney will acquire the rights to 5,000 Marvel characters. Many of them, including the Fantastic Four and the X-Men, were co-created by the comic book legend Stan Lee.

Disney CEO Robert Iger

said Marvel's comic books, TV shows, movies and video games amounted to "a treasure trove of content."

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Kenya's Style

Kenya Hunt

Read the blog at metronews.ca/kenyastyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

Divorce deal

Ronnie Wood is set to pay his estranged wife Jo \$17.25 million US after settling a divorce deal. The veteran guitarist, 62, split from his wife of 23 years in July of last year, after his affair with a 20-year-old Russian waitress was exposed. FEMALEFIRST.CO.UK



A foodie follows his dreams

Ted Allen's new show, Chopped, lets him spend even more time around vittles

Ted Allen's existence is almost entirely about edibles. Not only does the gourmet write about food in magazines and books, and critique meals made by elite chefs on TV, but he also spends most of his free time in his own kitchen in Brooklyn, N.Y.

"I cook like crazy," said the bespectacled food and wine connoisseur, who rose to fame on the series Queer Eye for the Straight Guy. "If I could be doing anything else right now, that's what I would be doing."



Allen's culinary ambitions aren't just fuelled by his participation in such programs as Iron Chef America and Top Chef, where he's been a guest judge, or Chopped, his latest show debuting in Canada this week.

It's his new membership in a community sup-

portive agriculture group near his brownstone house, where he also grows tomatoes on his roof.

"Getting these beautiful organic veggies from my CSA has been spiritually, and from a culinary point of view, so exciting to me," said Allen, 44, who also writes on food for Esquire magazine.

"I'm working like a chef now. I'm letting the ingredients dictate the menu instead of

imposing my idea upon the supermarket."

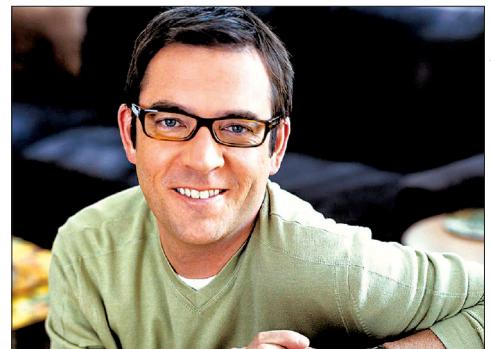
Also letting the ingredients dictate the menu are the competitors of Chopped, premiering Wednesday on Food Network Canada. Allen hosts as up-and-



coming chefs are challenged to make a three-course meal with several mystery ingredients they don't see until the competition begins, à la Iron Chef.

And the combinations are odd. In the first episode, for example, the chefs have 20 minutes to make a dish using molasses, red snapper, parley root and dried cranberries.

After each course, a contestant gets chopped



Ted Allen's new Food Network show, Chopped, challenges up-and-coming chefs to make a three-course meal with several mystery ingredients à la Iron Chef.



by a judging panel until the last chef left standing wins \$10,000 US in each episode.

"You'll see lots of tears. You'll see people practically cutting their fingers off, dropping food on the floor and serving it anyway," said Allen. "There

are a lot of cooking competition shows out there, but what I think really sets Chopped apart from the rest is that all of the drama, all of the panic, all the excitement that happens on the show is specifically about the food."

Later in the season, champions from previous episodes will return to compete again, and the grand prize will increase in value as the episodes go on.

THE CANADIAN PRESS



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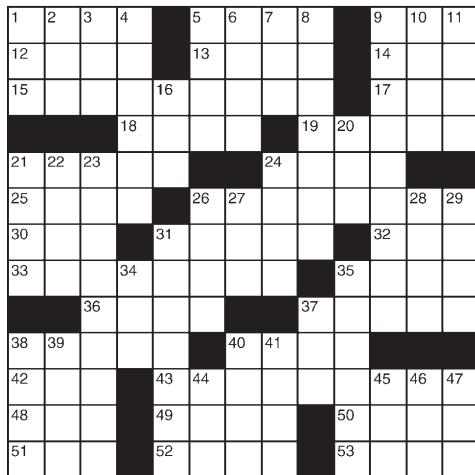


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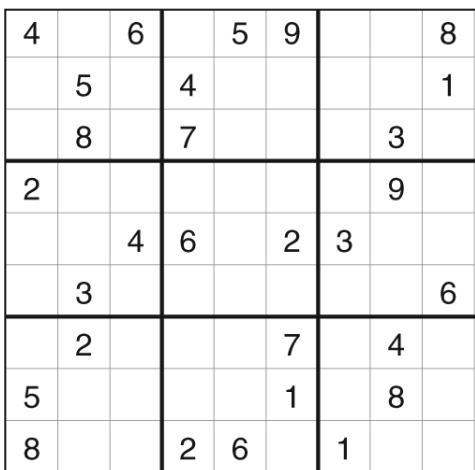
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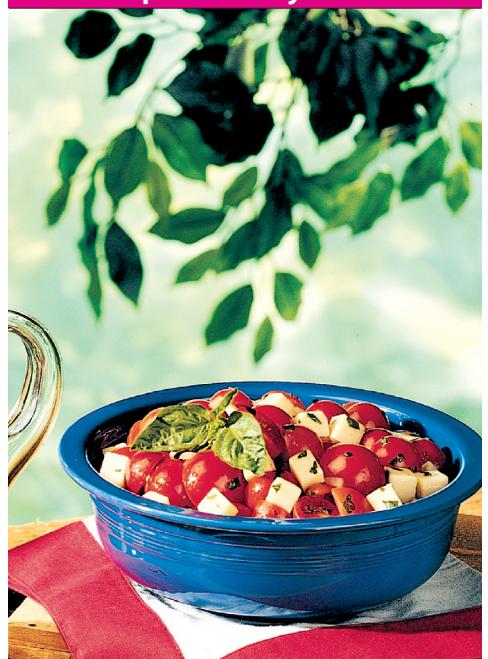
HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**ACROSS**

1 Antelope's playmate
 5 Stinging insect
 9 Police officer
 12 Leer at
 13 Cake topper
 14 Sapporo sash
 15 Group with a job
 17 Swab the decks
 18 Picnic invaders
 19 Hamstrings
 21 Doesn't have
 24 Staffer
 25 Lotion additive
 26 Non-noble
 30 Doctrine
 31 Lions' prides
 32 Spy novel org.
 33 Subway patron
 35 Actress Gilpin
 36 Lhasa —
 37 Burdened
 38 Mold and mildew

DOWN

40 Yoked team
 42 Moreover
 43 Town
 48 Altar affirmative
 49 Neighbourhood
 50 A Great Lake
 51 Angeles predecester
 52 Eye part
 53 Lairs
 1 "What's up, —?"
 2 Id counterpart
 3 Shady tree
 4 Unoriginal movie?
 5 Skater Katari-na
 6 Performances
 7 Witness
 8 Earlier bouts
 9 Began
 10 Reed instrument
 11 Gladys Knight's backup
 16 — and outs
 20 Commotion

Metro Recipe of the Day**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

BABA	LOS	AMID		3	5	6	1	2	9	4	7	8
ABUNDANT	SIRE			1	4	7	8	3	6	2	5	9
HANGOVER	ICON			8	2	9	7	4	5	6	3	1
LEAD	AS MANY			9	7	2	3	8	4	5	1	6
ULCER	TITO			6	1	3	9	5	7	8	2	4
PAIR	RUNOVER			5	8	4	6	1	2	7	9	3
SPA	RENEW	DAY		7	6	5	4	9	3	1	8	2
POPOVER	DAZE			2	3	1	5	6	8	9	4	7
LIAIR	GAMES			4	9	8	2	7	1	3	6	5
EMBALM	AUK											
VARY	PULLOVER											
ESAU	ERUPTION											
STEP	DIM	ANNA										

On the webFor more games and 60 additional daily cartoon strips, visit metronews.ca**Tomato****Mozzarella Salad****INGREDIENTS:**

1/4 cup (50 ml) red wine vinegar

1 garlic clove, minced

1/2 tsp (2 ml) salt

Pepper to taste

2/3 cup (150 ml) olive oil

1 basket cherry tomatoes, halved

1-1/2 cups (375 ml) cubed mozzarella cheese

1/4 cup (50 ml) chopped onion

3 tbsp (45 ml) minced fresh basil

vinegar, garlic, salt and pepper. Whisk in oil until well blended. Add remaining ingredients; toss to coat.

2. Cover and refrigerate 1 hour, stirring occasionally. Remove with slotted spoon to serving dish.

SERVES 4**rd.ca**

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

**Horoscopes by Sally Brompton** sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.ca**ARIES****MARCH 21-APRIL 20**

No matter how much you want to believe someone is being honest with you the planets warn that may not be the case. Don't take too much on trust.

TAURUS**APRIL 21-MAY 21**

You may find it hard to be reasonable today, especially if someone you have to deal with is clearly dragging their feet. But don't lose your cool.

GEMINI**MAY 22-JUNE 21**

Someone you are working with may try to take liberties today and you won't be amused. Bide your time and don't hit back, at least not immediately.

CANCER**JUNE 22-JULY 22**

If you allow yourself to get worked up about something that's not important today you may miss out on something important later in the week.

LEO**JULY 23-AUG 23**

You will leave no one in doubt about where you stand on the issues of the day. It's okay to be forceful but don't try to impose your views on other people.

VIRGO**AUG 24-SEPT 22**

You should know by now that letting others in on what you are thinking is not always a good idea. Some things are best kept to yourself.

PISCES**FEB 19-MARCH 20**

Other people's opinions may drive you crazy but you won't change them by pointing out how stupid they are. Listen to what they have to say.

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Today in history

SEPT. 1, 1905: Alberta and Saskatchewan join the Canadian confederation.

SEPT. 1, 1914: The last passenger pigeon, a female named Martha, dies in captivity in the Cincinnati Zoo.

SEPT. 1, 1939: Second World War — Nazi Germany attacks Poland, beginning the war in Europe.

SEPT. 1, 1980: Terry Fox's Marathon of Hope ends in Thunder Bay, Ont.

SEPT. 1, 1982: The Canadian Charter of Rights and Freedoms is adopted as part of the Constitution.

SEPT. 1, 1985: A joint American-French expedition locates the wreck of the RMS Titanic. **METRO NEWS SERVICES****WORDY GURDY®**

BY TRICKY RICKY KANE

1. One who illegally takes a fall faller (1)
2. Approaches singer Britney (1)
3. Show disdain for smut mags (1)
4. Small-minded oil baron John Paul (2)
5. Latter-day Saint entrance attendant (2)
6. Yellowbelly took a bath alternative (2)
7. Pleasure-sailing bad-winner behavior (2)

Every answer is a 4-letter word, part of words like **FAT CAT** and **DOUBLE TROUBLE**, and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

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ANSWER LINE: 1. LEAF THER 2. NEARIN 3. COVAN SPACES 4. PETTY GETTY 5. MOLMON DOOKMAN 6. SOHN PONIN 7. HORTON GLOVATY

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